Decision-Making Scenarios

1. You are at the mall with your best friend. You go into your favorite store. Your best friend picks up a really cool shirt and quickly stuffs it in her book bag. She tells you that she does it all the time and has never gotten caught. You had been looking at the shirt for a couple of weeks.

What do you do?

2. You are at a friend’s house. His parents have gone out for the evening. Your buddy heads straight for the liquor cabinet. You never have drunk alcohol before and you know your parents disapprove of underage drinking. But your friend promises, “you can’t smell liquor on your breath.”

What do you do?

3. You finally have a date with that hot guy/girl that you have been checking out. However, your best friend calls you and tells you that he has an extra ticket to your favorite band’s concert. You have been waiting and hoping for this date for a long time.

What do you do?

4. Someone in your class cheated on a test. You know for a fact that they did. This person messed up the curve for the test. You received a D on the test.

Do you tell the teacher? Why or why not?

5. After school some of your friends hang out at a nearby gas station. You decide to go with them one afternoon because your mom was going to be late picking you up. Once you get there, a couple of your friends pull out a cigarette and start smoking. They offer you a puff.

What do you do?

6. Your friend does not have enough money to go to the football game. He/she wants you to sneak into the ballgame without paying.

What would you do?
Making Decisions

1. State the problem. __________________________________________________________

2. List your options.  
   Option A) ________________________  
   Option B) ________________________  
   Option C) ________________________  
   Option D) ________________________

3. List the outcomes of each option. List the positive and negative outcomes of each option.  
   Positive                                               Negative
   A) ____________________________________________________  
       ____________________________________________________  
   B) ____________________________________________________  
       ____________________________________________________  
   C) ____________________________________________________  
       ____________________________________________________  
   D) ____________________________________________________  
       ____________________________________________________

4. State any human factors or values that might influence your decision. For each of the choices listed above, ask yourself the following questions:  
   - Would this decision adversely affect my health or the health of others?  
   - Is this decision against the law, my religion, or my values?  
   - Is this decision safe for others and me?  
   - Would my parents be disappointed?  
   - Will this decision get me in trouble?

5. Choose the best option. ______________________________________________________

6. Evaluate your decision. Are you happy with the outcome of your decision? If you were in a similar situation in the future, would you make the same choice?